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Cooking With Ginger: Top 50 Most Delicious Ginger Recipes (Recipe Top 50's Book 87)



Synopsis

Ginger or ginger root is the thick rootstalk of a ginger plant that is commonly used for cooking, but is also famous for its therapeutic effects. Ginger is an anti-inflammatory which means that it's valuable for relieving pain like headaches and joint pains among other things. Ginger has both preventive and therapeutic properties useful for treating cancer, diabetes, nausea, asthma, liver damage, high blood pressure, muscle pain, migraines, bronchitis, a bad cough and many other things. Indigenous to southern China, this amazing plant has won over the whole world with the wonders that it works for your health and your food. Its lemony freshness, light spiciness, mellow sweetness and pungent aroma fuels the imagination with vast possibilities. As a dominant flavoring, or in conjunction with other flavors, in appetizers, main courses, desserts or beverages, you can use ginger in an endless number of dishes. So give in and let this cookbook teach you how.-----

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Customer Reviews

I have never found a series of cookbooks that have offered me the experience of traveling the world as quickly and as deliciously as this series by this author have. Please try all of her work and see what I mean. She has cut through all the red tape an simplified cooking,entertaining and taste.

Used this book for a gingery dinner. Loved the coconut ginger chicken and the coconut soup with mushrooms and ginger. I'm planning to make the pear gingerbread recipe next, it looks so good.

Useful and unusual ideas for ginger. It is a healthful item and can be incorporated into some great foods. Will be making a lot of the recipes.

A delicious collection, little fuss or bother.

timely shipping and delivered as described

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